

# TELEMEDICINE

## MENTAL HEALTH

### AETNA

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Effective 9/1/2021, the SHIF expanded the telemedicine service to include mental healthcare. This enhancement allows members to have 24/7 video access to licensed psychiatrists, therapists, and psychologists to help treat a broad range of issues. Common conditions members may utilize the service for are:

- Anxiety/Stress
- Depression
- Work Pressures
- ADHD

The services are confidential and secure, and are also available at a \$0 copay\* to all employees currently enrolled in benefits.

*\* Members participating in a High Deductible Health Plan (HDHP) may have a copay if their INN deductible has not been met.*

#### GET STARTED WITH TELADOC TODAY

To take advantage of this great benefit, contact Teladoc in any of the following ways:

- Via phone: **855.835.2362**
- Via the web: **[www.Teladoc.com/Aetna](http://www.Teladoc.com/Aetna)**
- Via mobile app: Go to **[www.Teladoc.com/Aetna](http://www.Teladoc.com/Aetna)** to learn more or download the mobile app from the App Store or Google Play.

